



Something super speedy and super indulgent that will def deal with those cravings within seconds! You will love this mug cake!!!



3 tablespoons veg oil

1/4 cup milk

1/3 cup self-raising flour

3 tablespoons of sugar

1 egg

1/4 teaspoon cinnamon

1 teaspoon vanilla

1/2 tablespoon of peanut butter

<u>Method</u>

Add the sugar in your mug and then crack your egg in. Whisk then add your peanut butter. Whisk it until combined, then add the vanilla, the oil and the milk. Whisk once again and once combined set aside.

To your bowl that has the flour, mix in the cinnamon and once combined, pour that into the mug containing our wet ingredients and once combined, run it in your microwave for exactly 3 minutes.

NOTE: The time may vary depending on the kind of microwave you have. A weaker microwave may demand that you extend the time. Check the doneness of your cake at the 3 min mark and if it is not yet done (because of the strength of your microwave) add more time}

Once done, Let it slightly cool, then serve.



SERVE WITH: some icecream/chantilly/compote/ some caramel and enjoy!

This recipe was brought to you by Kaluhi's Kitchen from: https://www.kaluhiskitchen.com/wp-content/uploads/2020/11/CINNAMON-PEANUT-BUTTER-MUG-CAKE.pdf

Video: https://www.instagram.com/p/CHP8a18BoXo/