



Another bomb salad to add to our already dope collection: my pineapple and french bean egg salad!



Ingredients

For the body

250g of roughly crispy lettuce

1 cup of chopped pineapple

½ a cup of cherry tomatoes

Handful of raisins

1 cup of seared frenchbeans

½ avocado

4 boiled eggs

For the dressing

10 tablespoons of olive oil

5 tablespoons of apple cider vinegar

1 tablespoon of minced ginger

4 tablespoons of honey

Salt and pepper to taste

Method

Place the ingredients of the marinate in a container and shake until combined.

Next, in a bowl, place all the body ingredients (except the avocado) and toss. Dress with the honey ginger vinaigrette and toss once again.

Once done, proceed to plate. Place the avocado and the boiled eggs over the top and then serve.



SERVE WITH: on it's own

This recipe was brought to you by Kaluhi's Kitchen from: <http://www.kaluhiskitchen.com/pineapple-french-bean-egg-salad/>

Video: <https://youtu.be/ye5fW5RqWnY>

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