



Sometimes less is more, and with just 3 ingredeints, my embe dodo and coconut cream milkshake will win you over without struggle!!!!!



## **Ingredients**

2 cheeks of embe dodo (diced)

1 cup of vanilla ice-cream

65 g of coconut cream

## Method

Begin with the mango, Pop it into your blender together with a tiny bit of water and puree it. Once pureed, add the ice cream and coconut milk and the coconut milk. Run your blender for about two minutes and you are done!



SERVE WITH: on it's own

This recipe was brought to you by Kaluhi's Kitchen from: http://www.kaluhiskitchen.com/embe-dodo-coconut-milkshake/

Video: https://youtu.be/ye5fWSRqWnY