



strawberry & cream popsicles

Cold weather is so cosy! But sunny weather is down right glorious! No better way to celebrate it's splendor than with my strawberries and cream popsicles! <3



Ingredients

250 g of plain yoghurt

2 cups of strawberries

1 tablespoon of honey

1/2 a teaspoon of cinnamon

1 teaspoon of Vanilla Extract

Method

Slice the strawberries and set aside a cup for later. Add the rest in a blender together with a splash of milk, the honey, cinnamon and vanilla. Blitz until pureed.

Pour the pureed strawberries over the plain yoghurt, add the sliced, fresh strawberries and fold everything in. Pour this into your popsicle maker and let it set for about 2-3 hours.

Once done, enjoy!!



SERVE WITH: on it's own, boo thang!

This recipe was brought to you by Kaluhi's Kitchen from: <http://www.kaluhiskitchen.com/strawberries-cream-popsicles/>

Video: <https://youtu.be/lZcymz42kVA>