



It is mango season and it is also 3 billion degrees outside! That is the perfect combination and excuse to have nice, chilled, delicious mango plum nicecream all day long! <3



Ingredients

2 green mangoes (or 1 apple mango)

3/4 cup of coconut cream

1 cup of grapes

Mint and fresh fruit for garnish

1 ripe banana

Method

Peel your mango and bananas and remove the grapes from the vine. Slice them and place them in a container then pop this into a freezer and freeze them until semi hardened.

Add the frozen fruit into your blender and add the coconut milk. Blend everything until combined and creamy. Pour this onto a container and cover with cling film. Return it to the freezer and let it stay there until completely set. Once set, scoop your nice cream and layer it in your bowl alternating it with fresh fruit and some mint.

Serve immediately! <3



SERVE WITH: tea/milk/coffee

This recipe was brought to you by Kaluhi's Kitchen from: <http://www.kaluhiskitchen.com/mango-plum-nicecream/>