



# ice cream and lime french toast

What would happen if breakfast and dessert were combined? Well, the most beautiful ice cream and lime zest French toast would be conceived! <3



### Ingredients

2 slices of bread

1 teaspoon of lime zest

1 large egg

1/2 teaspoon of freshly crushed cardamom

2 scoops of vanilla ice cream

### Method

Place your ice cream in a bowl and melt your ice cream for about 30 seconds in the microwave. IT SHOULD NOT BOIL!!! Set aside.

Beat the egg and add the cool but molted ice-cream to the egg. Mix this until combined. Add the cardamom and lime zest and mix these in too.

Add your slices of bread and allow them to soak in the mixture for a few minutes then proceed to cook them on a non-stick pan until golden brown on each side.

Serve <3.



SERVE WITH: some warm milk, tea or coffee

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This recipe was brought to you by Kaluhi's Kitchen from: <http://www.kaluhiskitchen.com/ice-cream-lime-french-toast/>