



strawberries & coconut cream oats

I love oats! They are the perfect way to kick start your day! I add some aromatic coconut cream and strawberries to mine making it the best oats ever!!



Ingredients

1 cup of Oatibix oats	1/2 cup chopped strawberries
1/2 cup coconut cream	1/2 a teaspoon of cinnamon
3/4 cup regular milk	2 tablespoons of sugar (optional)
1 teaspoon vanilla extract	

Garnish:

Sliced strawberries	1 teaspoon of sesame seeds
1/2 and apple, sliced	

Method:

Add your cup of oats into a bigger cup or bowl. To this add some water and allow to soak overnight or at least 4 hours.

After this, add your regular milk into a sufuria together with your coconut cream and bring to a simmer. Add your oats and let them simmer until they are warm, thick and creamy. You can of course adjust your milk quantities depending on your preference. Once done, take from the heat and fold in your diced strawberries,

Garnish with your apple, strawberry sliced and some sesame seeds. Serve hot!!!



SERVE WITH: a heart full of joy 😊

This recipe was brought to you by Kaluhi's Kitchen from: <http://www.kaluhiskitchen.com/strawberries-and-coconut-cream-oats/>