



January heat in Nairobi can be pretty brutal. Beat the heat with my refreshing orange and plum mocktail that is mild and beautifully refreshing.



Ingredients

A handful of plums 1 bottle of sprite

2 oranges, juiced Cucumber for garnish

1/4 thumb sized grated ginger root

Method

Half your oranges and juice them. Sieve it and pour this juice into a jug. Add your sprite and the grated ginger.

Slice your plums and throw them into the jug along with everything else. Allow this to sit for an hour so that all the flavors meld. Once you are ready to serve, throw in your serve and garnish with your cucumber. And since it is January, throw in some ice!



SERVE WITH: a meal of your choice