



This fresh honey and cinnamon Pina Colada is creamy, delicious, and packed with sweet, juicy pineapple! It's a tropical paradise in a glass.

Ingredients

- 1/2 a pineapple
- 250g of vanilla yoghurt
- 1/2 a teaspoon of ground cinnamon
- 3 tablespoons of honey
- 50g of dessicated coconut



Method

Peel your pineapple and remove the eyes as required.

Put all the ingredients of the pina colada in a blender. Blitz for about 2 minutes.

Stop and taste. If you want more sweetness add some honey and pulse it. You can sieve it if you please, but I preferred mine a lot chunkier.

Pour into some glasses, garnish with some pineapple and sip away :))



SERVE WITH: on its own or accompanying a meal and with a huuuge smile

This recipe was brought to you by Kaluhi's Kitchen from: http://www.kaluhiskitchen.com/honey-and-cinnamon-pina-colada/